



# unitar

United Nations Institute for Training and Research

## Unitar Online Catalogue

### E-Workshop on Gender, Women's Leadership and Mentoring (1-3 November)

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□□□□ : 1 11□ 2021

□□ :	Workshop
□□ :	Web-based
□□ :	1 11□ 2021 to 3 11□ 2021
□□ :	3 Days
□□□□ :	Multilateral Diplomacy
□□ :	<a href="https://www.unitar.org/event/">https://www.unitar.org/event/</a>
□□ :	US\$700.00
□□□□ email:	lea.kostler@unitar.org

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As novel global challenges destabilise and deeply affect organisations throughout the world, the United Nations Institute for Training and Research (UNITAR) strives to continue its mission uninterrupted in providing quality adult education to promote women's education and professional development. Empowering women to participate fully in economic life across all sectors and throughout all levels of economic activity is not only essential to establish more stable and just societies

and to improve the quality of life for women, men, families, and communities but increasing gender equality is equally crucial to build strong, sustainable economies. Focusing on women empowerment and gender equality has a massive multiplier effect, including promoting peace and security, providing equal opportunities in society and the labour market, and achieving sustainable development.

Empowerment means that people -both women and men – can take control over their lives: set their own agendas, gain skills (or have their own skills and knowledge recognised), increase self-confidence, solve problems, and develop self-reliance. Based on this definition, UNITAR has designed an innovative three-day online training that puts special emphasis on the dimension of personal growth and exchange to develop solutions that reflect women’s diverse lives, needs and aspirations in private as well as professional life.

The e-workshop aims to promote gender equality and women’s full and effective participation and leadership at all levels of decision-making. The highly innovative online training is aimed at reinforcing transferable professional skills, in a peculiar global context where flexibility and adaptability are key. It provides the participants with a unique opportunity to build essential personal leadership skills and qualities to thrive in their diverse professional and personal environments.



The objective of this specific training suite is to help female leaders to strengthen their resilience, manage uncertainty and to lead differently. Participants will learn how to use the power of positive psychology to change perspectives and behaviours, while managing their own motivational mechanisms.



By the end of this e-workshop, participants will be able to:

- Gain personal and professional insight and confidence in their own leadership role – about their strengths, challenges and opportunities as a female leader and how they can shape their role and expand their impact;

- Understand the importance of cultural factors for successful leadership and how gender plays a part, and acquire in-depth knowledge that will help them to navigate successfully in culturally diverse and international settings;
- Acquire a deep understanding about the nature, power of and diversity in motivation and how this is impacted by gender;
- Be able to execute the 3 C's of Leadership in order to optimise their unique leadership style as a female leader.



UNITAR has designed and developed an innovative e-workshop for female leaders to better structure their approach to their own leadership style, build resilience and be self-motivated during these times of ambiguity.

Given its core purpose, the e-workshop will take place using the platform Zoom. The activities will be designed to be highly interactive, characterised by a similar format to that of face-to-face workshops. As a result, a similar level of engagement will be guaranteed through simulations, group exercises and discussion, hands-on assignments whenever possible, and Q&A sessions.

**The e-workshop will run for 12 hours taking place over three days from 1 to 3 November 2021 from 9:00 to 13:00 CET (Central European Time)/UTC+1.**



The online training is designed and targeted for women working in employers' and business organisations, as well as anyone who is in leadership roles or aiming to be in leadership roles in the near-future.

The holistic and innovative training approach focuses on personal growth while providing a gender lens to better understand gender-specific obstacles in the workplace, marketplace, and community. It aims at a significant long-term impact at both the individual and organisational level by continuous training over the year through means of synchronous learning during the e-workshops, self-paced

learning (via the online platform), and active networking.

**Please note that there are limited spots available for this e-workshop and that the online training is only open to female participants.**



### **Technical Requirements**

UNITAR will not provide refunds for customers who face technical issues beyond UNITAR's direct control. UNITAR recommends that all prospective participants test Zoom for free at Zoom.us prior to confirming their payment.

#### **Basic system requirements:**

- Stable internet connection
- Speakers and a microphone
- A webcam or HD webcam
- Or, a HD cam or HD camcorder with video capture card

Please see further information about all technical requirements for participating in this e-workshop here: <https://support.zoom.us/hc/en-us/articles/201362023-System-Requirements...>

### **Group Discounts**

Organizations that register four or more participants are eligible for group discounts. Please contact **lea.kostler [at] unitar.org** (**lea[dot]kostler[at]unitar[dot]org**) for further information.

### **Fellowships**

Thanks to the generous support of the Government of India, a limited number of fellowships are available for participants from lower and middle income countries. Please contact **lea.kostler [at] unitar.org** (**lea[dot]kostler[at]unitar[dot]org**) for more information.

### **Experiences from Former Participants**

If you are interested in the impact previous UNITAR e-Workshops on Gender, Women's Leadership and Mentoring have created in the private and professional lives of former participants, please read the UNITAR Impact Story by clicking [here](#).