United Nations Institute for Training and Research

Unitar Online Catalogue

Confronting trauma - PTP.2026.12

Peace

□□ :	Course
□□ :	Web-based
□□ :	1 Days
□□□□ :	Peacekeeping
□□ :	https://unitar.org/sustainable-development-goals/peace/our-portfolio/online-lea...
□□ :	US$0.00
□□□□□ email:	elearning.ptp@unitar.org

□□□□

Trauma is a global burden, negatively affecting human development, global development, and even world peace. Trauma has not received the attention it deserves, nor its treatment the support it needs. The contribution that large-scale trauma treatment could make to increasing social, economic, and cultural productivity, as well as individual educability, creativity, and well-being, could be historic. Recent developments have the potential to bring this treatment to scale, to humanitarian and peace operations personnel, and to the general population. This self-paced advocacy module aims to raise awareness and influence policy decisions to support the implementation of these new developments, and help

bring an end to the insidious and needless suffering that trauma wreaks on the world.

□□□□

The aim of this advocacy presentation is to inform key global actors on new developments in the field of trauma treatment and the urgent needs these can address.

□□□□

At the end of the course, participants will be able to:

- Describe the four types of stress and traumatic stress.
- Illustrate the global burden of trauma.
- Describe three approaches to trauma treatment/care used in this module.
- Describe three factors that would facilitate the scaling up of trauma treatment.
- Summarize why global trauma should be included in the post-2015 Sustainable Development Goals.
- Recall the elements of an effective Global Plan for Trauma Treatment.
- Advocate for the expansion of trauma treatment to key stakeholders.

□□□□□

The course is composed of 5 sections:

- Section 1: Psychological stress and trauma.
- Section 2: The global burden of trauma.
- Section 3: Traumas – prevention and treatment.
- Section 4: Scalling up trauma therapy.
- Section 5: Towards a world plan for trauma treatment.

□□

The course is a self-guided, self-paced, web-based course that is on-going and can be accessed at any time. The material is presented in an interactive visual and text format with web-based reference resources. Multiple choice quizzes at the end of each lesson serve a dual function of assessing and evaluating the students' understanding and retention and provide a further didactic function by reviewing the content.

At the successful completion of the course participants will be awarded with a badge.

□□□□

Primary Target Audience: The course is designed for high-level decision-makers who can help shape global policy on trauma treatment, and includes diplomats, politicians, donors, journalists, humanitarians, civil society and other human development leaders.

Secondary Target Audience: The course is also geared towards students and any individual or group with an interest in understanding and mobilizing for better global treatment of trauma.

No prior experience or knowledge is expected of participants to take this course, other than:

- A good command of the English language (written and oral).
- Basic computer skills.

□□□□

Technical Requirements

UNITAR recommends the following as a minimum in hardware and software to take our e-Learning courses. Please consult your Network Administrator or Systems person to ensure that you have the following:

Hardware requirements

- Desktop or laptop computer with Windows 10 or MacOS version 11 and later

- Tablet or mobile devices are not fully supported on some course tools

- Stable LAN or Wifi Internet connection

Browser

- Latest version of Mozilla Firefox (download for free at https://www.mozilla.org)

- Latest version of Google Chrome (download for free at https://www.google.com/chrome)

- Microsoft Edge or Safari (included in your computer)

Other software

- PDF reader (download for free at https://get.adobe.com/uk/reader)

- Microsoft Office for Windows or MacOS (compatible software can be downloaded at http://www.openoffice.org/)

- Video player (Quicktime for MacOS, Windows Media Player or compatible video player)

- Anti-virus

Other requirements

- Disable Pop-up blockers

- Enable cookies and java

- webcam and audio headset for courses that will require online meetings

- additional storage in case you need to download course materials

You will receive a confirmation email with information on how to access the course within 48 hours. Please kindly check your spam or junk inbox.