

CIFAL Plock - Autosobriety Training Programme - Semestre II

People

 : 25 Nov 2025

 : Other
 : Plock, Poland
 : 31 7 2025 to 30 11 2025
 : 37 Hours
 : Decentralize Cooperation Programme
 : <http://cifal.pl/>
 : US\$0.00
 : email: agata.kochanowska@plock.eu
 : CIFAL plock, , Gdańsk Municipal Police
Headquarters, , VOTUM Foundation , , Police School in Katowice , , Wrocław
Regional Police Headquarters , , Opole Regional Police Headquarters , , Szczecin
Regional Police Headquarters , , National Military Police



The "Autosobriety" program is an educational project aimed at preventing alcohol-related fatal road accidents and collisions by educating future drivers in driving schools. The program module is implemented through dedicated online or in-class training, as well as practical exercises using special VR glasses that

imitate the perception of a drunk person.



- Eliminating drunk driving by raising awareness of the risks associated with drinking and driving among future drivers.
- Increasing knowledge about the effects of alcohol on the body and its impact on driving
- Increasing knowledge about the legal consequences of driving under the influence



At the end of the workshop the participants:

- know the number of fatalities of road accidents caused by drunk driving;
- know the legal consequences of drunk driving in Poland
- know how alcohol affects the human body and how long it is metabolized
- can experience driving with increasing blood alcohol level using the 360 video material watched on the VR googles



Module 1: STATISTICS ON DRIVING UNDER THE INFLUENCE OF ALCOHOL IN POLAND AND WORLDWIDE

Module 2: THE EFFECTS OF ALCOHOL ON THE BODY

Module 3: RISKS ASSOCIATED WITH DRIVING UNDER THE INFLUENCE OF ALCOHOL

Module 4: WAYS TO AVOID DRIVING UNDER THE INFLUENCE OF ALCOHOL

Module 5: TEST



Presentation, workshop, video materials



Students -future policemen and military police officers