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United Nations Institute for Training and Research

Unitar Online Catalogue

CIFAL Ecuador - Green Helmets: Environmental Leadership Academy, Youth with Purpose I



 : 30 6 2025

	:	Course
	:	Web-based
	:	1 7 2025 to 31 7 2025
	:	1 Months
	:	Decentralize Cooperation Programme
	:	https://unitar.org/sustainable-development-goals/people/our-portfolio/cifal-glo...
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This course is designed to train conscious leaders and ecosystem guardians capable of addressing climate change and building a sustainable future. It brings together individuals committed to protecting the planet, promoting environmental action through education, community engagement, and hands on

projects. As former UN Secretary-General Ban Ki-moon said: “There is no Planet B.” The course is structured around two key pillars: 1. 2. Training and Environmental Awareness – Internationally certified education to develop environmental leadership and a sense of responsibility for the planet. Action and Implementation – Applying knowledge through local projects such as reforestation, river and beach clean-ups, and other community-led, nature-based solutions. The goal is to combat environmental degradation, prevent desertification, and contribute to climate change mitigation, turning knowledge into tangible actions. Participants learn to make responsible daily decisions that generate a positive and lasting impact. The course aligns with the United Nations Sustainable Development Goals (SDGs), particularly: • SDG 6: Clean Water and Sanitation • SDG 12: Responsible Consumption and Production • SDG 13: Climate Action • SDG 14: Life Below Water • SDG 15: Life on Land

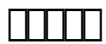


Raise Awareness About Climate Change and Environmental Challenges Increase knowledge and public understanding of environmental issues and the urgency of sustainable action. Engage Participants in Active Learning and Community Projects Provide hands-on opportunities for participants to practice environmental stewardship through practical initiatives. Foster Collaboration and Networking Create a platform for participants, educators, and community leaders to share ideas, resources, and best practices for sustainability. Promote Alignment with the SDGs Encourage actions and initiatives that contribute to the United Nations Sustainable Development Goals, particularly those related to climate action, clean water, and life on land and below water. Inspire Long-Term Behavior Change Motivate participants to adopt sustainable practices and continue environmental advocacy beyond the event



By the end of this course, participants will be able to: 1. Understand and Practice Environmental Stewardship Gain knowledge and awareness about environmental challenges and develop a sense of responsibility for protecting ecosystems and promoting sustainability. 2. Contribute to Climate Change Mitigation Learn strategies and actions that reduce environmental impact and align with the United Nations Sustainable Development Goals (SDGs), particularly those focused on climate action and ecosystem protection. 3. Take Meaningful Action in Their

Communities Apply what they learn through hands-on initiatives such as reforestation, clean-ups, and other local environmental projects, fostering community engagement and real-world impact. 4. Adopt Sustainable Lifestyles Integrate responsible production, consumption, and resource management practices into their daily lives, contributing to the protection of marine and terrestrial ecosystems



The course is organized into four learning modules followed by a hands-on field session, providing a balanced combination of theoretical knowledge and practical experience. Each module focuses on key aspects of climate change, sustainability, and environmental stewardship, including ecosystem protection, climate change mitigation, responsible consumption, and empowering participants to become informed agents of change capable of driving positive environmental impact. The modules are designed to progressively build participants' understanding and skills, preparing them to take meaningful action. Following the four modules, participants will engage in a practical, on-site reforestation session, applying the knowledge and skills gained throughout the course. This hands-on activity allows learners to experience environmental restoration firsthand, reinforcing the concepts covered in the modules while fostering teamwork, leadership, and community engagement. By integrating structured learning with real-world practice, the course ensures that participants leave with both knowledge and actionable experience to actively contribute to sustainability initiatives.



The course employs a blended learning approach that combines theoretical instruction, interactive activities, and hands-on practice to ensure a comprehensive learning experience. Key methodological components include: 1. Interactive Online Modules – Participants engage with multimedia lectures, readings, case studies, and quizzes to build foundational knowledge on climate change, environmental stewardship, and sustainable practices. 2. Discussion and Reflection – Guided discussions, group activities, and reflection exercises encourage critical thinking, knowledge sharing, and the application of concepts to real-life scenarios. 3. Practical Field Session – A hands-on reforestation activity allows participants to apply what they have learned, fostering experiential

learning, teamwork, and community engagement.



Youth and young adults from Ecuador