



### CIFAL Malaga - Prevention of sexism and gender violence



: 3 2025

Course

Course

Web-based

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3 30 2025 to 5 30 2025

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75 Hours

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Decentralize Cooperation Programme

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<https://cifalmalaga.org/web/>

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US\$82.89

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email:

info@cifalmalaga.org

CIFAL Malaga, , Soifi4e CIFAL Global Network

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Story Training



Gender violence is a global reality with devastating consequences, normalized by cultural norms. In Spain, 60 women are murdered each year by their partners or ex-partners, yet only 0.8% of society sees it as an urgent issue. This course invites you to reflect and take action for real change. It is coordinated by 4 Soifi, the first social impact company in the field of justice, connecting businesses, governments, and foundations with prevention initiatives in security,

sustainability, peace, and justice. Through educational programs, 4 Soifi equip young people with tools to build a future free from social exclusion and with greater employability opportunities.



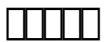
The course has the following objectives: ● It aims to understand gender violence in society, recognize fundamental values such as respect and equality.

- Reflect on our contribution to a more equal and violence-free society.
- Provide young people with the tools to avoid becoming victims or perpetrators of this social scourge.



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The course includes the following modules: 1. Current Context: The Reality – Explore the dimensions of reality, self-awareness and ignorance, and gender violence. 2. "I'm Not Machista": How Culture Shapes Men Through Masculinity – Reflect on models of masculinity and femininity, and analyze machismo as both behavior and culture. 3. Why Girls Change and Boys Don't – Social reality and experiences are not the same for boys and girls; gender violence is severe and structural. 4. Gender Violence – Definition according to national and international laws, types, and common myths. 5. The Cycle of Gender Violence – Understanding the cycle of gender violence and how to recognize it. 6. You Can Make a Difference – Let's Try – The androcentric model does not benefit everyone. Changing it is essential for collective well-being. 7. Being a Man Today – Masculinity evolves over time; feminism fights machismo, not men. 8. Video: Immersion in María's World – Understanding and preventing psychological gender violence.



- 30 hours of the course will be asynchronous virtual and 45 of personal work.
- 80% of the final grade will be obtained through: - Online questionnaire for each module - Final multiple-choice exam ● The remaining 20%: - Submission of a report/summary of the course and its evaluation.



This course is open to the public but is specifically aimed at young people aged 15 to 22.