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United Nations Institute for Training and Research

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CIFAL Istanbul - Transforming Consumption Culture: Sustainable Choices and Their Implications



📅 : 10 3 2025

📅 :	Seminar
📍 :	Istanbul, Türkiye
📅 :	20 3 2025
🕒 :	2 Hours
📋 :	Decentralize Cooperation Programme
🌐 :	https://cifalistanbul.org/
💰 :	US\$0.00
📧 email:	cisil.sohodol@bau.edu.tr
📍 :	CIFAL Istanbul, , Bahçeşehir University



The event was organized in response to the growing need for sustainable consumption in the face of environmental challenges such as climate change, resource depletion, and waste management. It aimed to raise awareness about the impact of consumption patterns and explore actionable solutions for individuals, businesses, and policymakers to adopt more sustainable practices.



- Understand sustainable consumption: Learn about sustainable consumption practices and their environmental, social, and economic impacts.
- Explore alternatives to traditional consumption: Discover eco-friendly alternatives to conventional products and services.
- Analyze the role of businesses: Examine how businesses can foster sustainable consumption through innovation and ethical practices.
- Identify consumer responsibility: Discuss the role of consumers in driving demand for sustainable products and behaviors.
- Evaluate global challenges: Understand the global challenges tied to consumption patterns, such as climate change, waste, and resource depletion.
- Learn about policy impacts: Investigate the role of policies and regulations in promoting sustainable consumption.

Foster sustainable lifestyles: Gain insight into how individuals can adopt more sustainable lifestyles in everyday choices.



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The event "Transforming Consumption Culture: Sustainable Choices and Their Implications" explored the importance of adopting sustainable consumption practices in today's world. Through expert discussions, case studies, and audience interaction, the panel highlighted the environmental, social, and economic impacts of consumption choices. Attendees gained insights into how

businesses and individuals can drive change, as well as the role of policies in promoting sustainability. The session successfully inspired actionable steps towards fostering a more responsible and sustainable consumption culture.



The methodology of the event involved a panel discussion with experts, showcasing case studies of sustainable practices and products. It included audience interaction through Q&A sessions, allowing for a dynamic exchange of ideas and real-world insights. The focus was on practical solutions and strategies for promoting sustainable consumption.



Students and Academics