



unitar

United Nations Institute for Training and Research

Unitar Online Catalogue

CIFAL Malaga - Prevention of sexism and gender violence II

People

Deadline: 9 Oct 2025

Type:	Course
Location:	Web-based
Date:	10 Oct 2025 to 12 Oct 2025
Duration:	75 Hours
Programme Area:	Decentralize Cooperation Programme
Website:	https://cifalmalaga.org/web/
Price:	\$82.89
Event Focal Point Email:	info@cifalmalaga.org
Partnership:	CIFAL Malaga, , Soifi4e CIFAL Global Network
Story Training	

BACKGROUND

Gender violence is a global reality with devastating consequences, normalized by cultural norms. In Spain, 60 women are murdered each year by their partners or ex-partners, yet only 0.8% of society sees it as an urgent issue. This course invites you to reflect and take action for real change. It is coordinated by 4 Soifi, the first social impact company in the field of justice, connecting businesses, governments, and foundations with prevention initiatives in security,

sustainability, peace, and justice. Through educational programs, 4 Soifi equip young people with tools to build a future free from social exclusion and with greater employability opportunities.

EVENT OBJECTIVES

The course has the following objectives: ● It aims to understand gender violence in society, recognize fundamental values such as respect and equality.

- Reflect on our contribution to a more equal and violence-free society.
- Provide young people with the tools to avoid becoming victims or perpetrators of this social scourge.

LEARNING OBJECTIVES

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CONTENT AND STRUCTURE

The course includes the following modules: 1. Current Context: The Reality – Explore the dimensions of reality, self-awareness and ignorance, and gender violence. 2. "I'm Not Machista": How Culture Shapes Men Through Masculinity – Reflect on models of masculinity and femininity, and analyze machismo as both behavior and culture. 3. Why Girls Change and Boys Don't – Social reality and experiences are not the same for boys and girls; gender violence is severe and structural. 4. Gender Violence – Definition according to national and international laws, types, and common myths. 5. The Cycle of Gender Violence – Understanding the cycle of gender violence and how to recognize it. 6. You Can Make a Difference – Let's Try – The androcentric model does not benefit everyone. Changing it is essential for collective well-being. 7. Being a Man Today – Masculinity evolves over time; feminism fights machismo, not men. 8. Video: Immersion in María's World – Understanding and preventing psychological gender violence.

METHODOLOGY

- 30 hours of the course will be asynchronous virtual and 45 of personal work.
- 80% of the final grade will be obtained through: - Online questionnaire for each module - Final multiple-choice exam ● The remaining 20%: - Submission of a report/summary of the course and its evaluation.

TARGETED AUDIENCE

This course is open to the public but is specifically aimed at young people aged 15 to 22.