



unitar

United Nations Institute for Training and Research

Unitar Online Catalogue

CIFAL Plock - Autosobriety Training Programme - Semestre II

People

Date limite: 25 Nov 2025

Type:	Other
Emplacement:	Plock, Poland
Date:	31 Juil 2025 to 30 nov 2025
Durée:	37 Hours
Zone du programme:	Decentralize Cooperation Programme
Site internet:	http://cifal.pl/
Prix:	0.00 \$US
Personne de référence de l'événement:	agata.kochanowska@plock.eu
Partenariat:	CIFAL plock, , Gdańsk Municipal Police Headquarters, , VOTUM Foundation , , Police School in Katowice , , Wrocław Regional Police Headquarters , , Opole Regional Police Headquarters , , Szczecin Regional Police Headquarters , , National Military Police

CONTEXTE

The "Autosobriety" program is an educational project aimed at preventing alcohol-related fatal road accidents and collisions by educating future drivers in driving schools. The program module is implemented through dedicated online or

in-class training, as well as practical exercises using special VR glasses that imitate the perception of a drunk person.

OBJECTIFS DU COURS

- Eliminating drunk driving by raising awareness of the risks associated with drinking and driving among future drivers.
- Increasing knowledge about the effects of alcohol on the body and its impact on driving
- Increasing knowledge about the legal consequences of driving under the influence

OBJECTIFS D'APPRENTISSAGE

At the end of the workshop the participants:

- know the number of fatalities of road accidents caused by drunk driving;
- know the legal consequences of drunk driving in Poland
- know how alcohol affects the human body and how long it is metabolized
- can experience driving with increasing blood alcohol level using the 360 video material watched on the VR googles

CONTENU ET STRUCTURE

Module 1: STATISTICS ON DRIVING UNDER THE INFLUENCE OF ALCOHOL IN POLAND AND WORLDWIDE

Module 2: THE EFFECTS OF ALCOHOL ON THE BODY

Module 3: RISKS ASSOCIATED WITH DRIVING UNDER THE INFLUENCE OF ALCOHOL

Module 4: WAYS TO AVOID DRIVING UNDER THE INFLUENCE OF ALCOHOL

Module 5: TEST

MÉTHODOLOGIE

Presentation, workshop, video materials

AUDIENCE CIBLE

Students -future policemen and military police officers