

## CIFAL Plock - Autosobriety Training Programme - Semestre II

### People

Plazo: 25 Nov 2025

Tipo:	Other
Ubicación:	Plock, Poland
Fecha:	31 Jul 2025 to 30 Nov 2025
Duración:	37 Hours
Área del programa:	Decentralize Cooperation Programme
Sitio web:	<a href="http://cifal.pl/">http://cifal.pl/</a>
Precio:	0,00 US\$
Correo Electrónico del Centro de	
Coordinación del Evento:	agata.kochanowska@plock.eu
Colaboración:	CIFAL plock, , Gdańsk Municipal Police Headquarters, , VOTUM Foundation , , Police School in Katowice , , Wrocław Regional Police Headquarters , , Opole Regional Police Headquarters , , Szczecin Regional Police Headquarters , , National Military Police

### ANTECEDENTES

The "Autosobriety" program is an educational project aimed at preventing alcohol-related fatal road accidents and collisions by educating future drivers in driving schools. The program module is implemented through dedicated online or

in-class training, as well as practical exercises using special VR glasses that imitate the perception of a drunk person.

## OBJETIVOS DEL EVENTO

- Eliminating drunk driving by raising awareness of the risks associated with drinking and driving among future drivers.
- Increasing knowledge about the effects of alcohol on the body and its impact on driving
- Increasing knowledge about the legal consequences of driving under the influence

## OBJETIVOS DEL APRENDIZAJE

At the end of the workshop the participants:

- know the number of fatalities of road accidents caused by drunk driving;
- know the legal consequences of drunk driving in Poland
- know how alcohol affects the human body and how long it is metabolized
- can experience driving with increasing blood alcohol level using the 360 video material watched on the VR googles

## CONTENIDO Y ESTRUCTURA

Module 1: STATISTICS ON DRIVING UNDER THE INFLUENCE OF ALCOHOL IN POLAND AND WORLDWIDE

Module 2: THE EFFECTS OF ALCOHOL ON THE BODY

Module 3: RISKS ASSOCIATED WITH DRIVING UNDER THE INFLUENCE OF ALCOHOL

Module 4: WAYS TO AVOID DRIVING UNDER THE INFLUENCE OF ALCOHOL

Module 5: TEST

## **METODOLOGÍA**

Presentation, workshop, video materials

## **PÚBLICO OBJETIVO**

Students -future policemen and military police officers