

# Unitar Online Catalogue

### CIFAL Malaga - Prevention of sexism and gender violence

Personas

Plazo: 3 Feb 2025

Tipo: Course

Ubicación: Web-based

Fecha: 3 Mar 2025 to 5 Mar 2025

Duración: 75 Horas

Área del programa: Decentralize Cooperation Programme

Sitio web: https://cifalmalaga.org/web/

Precio: 82.89 US\$

Correo Electrónico del Centro de

Coordinación del Evento: info@cifalmalaga.org

Colaboración: CIFAL Malaga, , Soifi4e CIFAL Global Network

**Story Training** 

### **ANTECEDENTES**

Gender violence is a global reality with devastating consequences, normalized by cultural norms. In Spain, 60 women are murdered each year by their partners or ex-partners, yet only 0.8% of society sees it as an urgent issue. This course invites you to reflect and take action for real change. It is coordinated by 4 Soifi, the first social impact company in the field of justice, connecting businesses,

governments, and foundations with prevention initiatives in security, sustainability, peace, and justice. Through educational programs, 4 Soifi equip young people with tools to build a future free from social exclusion and with greater employability opportunities.

### **OBJETIVOS DEL EVENTO**

The course has the following objectives: 

It aims to understand gender violence in society, recognize fundamental values such as respect and equality.

- Reflect on our contribution to a more equal and violence-free society.
- Provide young people with the tools to avoid becoming victims or perpetrators of this social scourge.

### OBJETIVOS DEL APRENDIZAJE

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### CONTENIDO Y ESTRUCTURA

The course includes the following modules: 1. Current Context: The Reality – Explore the dimensions of reality, self-awareness and ignorance, and gender violence. 2. "I'm Not Machista": How Culture Shapes Men Through Masculinity – Reflect on models of masculinity and femininity, and analyze machismo as both behavior and culture. 3. Why Girls Change and Boys Don't – Social reality and experiences are not the same for boys and girls; gender violence is severe and structural. 4. Gender Violence – Definition according to national and international laws, types, and common myths. 5. The Cycle of Gender Violence – Understanding the cycle of gender violence and how to recognize it. 6. You Can Make a Difference – Let's Try – The androcentric model does not benefit everyone. Changing it is essential for collective well-being. 7. Being a Man Today – Masculinity evolves over time; feminism fights machismo, not men. 8. Video: Immersion in María's World – Understanding and preventing psychological gender violence.

## METODOLOGÍA

- 30 hours of the course will be asynchronous virtual and 45 of personal work.
- 80% of the final grade will be obtained through: Online questionnaire for each module Final multiple-choice exam The remaining 20%: Submission of a report/summary of the course and its evaluation.

# PÚBLICO OBJETIVO

This course is open to the public but is specifically aimed at young people aged 15 to 22.