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## CIFAL Istanbul - Untangling Depression After Brain Injury Seminar

### Personas

Plazo: 24 Mar 2025

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Tipo:	Seminar
Ubicación:	Istanbul, Türkiye
Fecha:	24 Mar 2025
Duración:	2 Horas
Área del programa:	Decentralize Cooperation Programme
Sitio web:	<a href="https://cifalistanbul.org">https://cifalistanbul.org</a>
Precio:	0,00 US\$
Correo Electrónico del Centro de Coordinación del Evento:	cisil.sohodol@bau.edu.tr
Colaboración:	CIFAL Istanbul, Bahçeşehir University, BAU Faculty of Economics Administrative and Social Sciences

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### ANTECEDENTES

The "Untangling Depression After Brain Injury Seminar" was held to address the complex relationship between brain injuries and the onset of depression. The event aimed to raise awareness about the mental health challenges faced by individuals recovering from brain injuries, providing insights into treatment options, coping strategies, and the importance of support for both patients and

their families.

## OBJETIVOS DEL EVENTO

Raise awareness: Educate participants about the connection between brain injury and depression. Explore treatment options: Discuss strategies for managing depression following brain injury. Foster understanding: Increase understanding of the psychological impacts of brain injuries. Provide coping mechanisms: Share practical approaches for patients and caregivers to cope with mental health challenges.

## CONTENIDO Y ESTRUCTURA

The event featured expert talks on the link between brain injury and depression, including insights into symptoms, diagnosis, and treatment options. The structure included presentations, case studies, and interactive discussions, allowing attendees to engage with professionals and learn about effective coping strategies and support resources for those affected by brain injuries.

## METODOLOGÍA

The event used expert presentations and case studies to provide in-depth knowledge on depression after brain injury. It employed an interactive format, encouraging participant engagement through discussions and Q&A sessions to address real-life challenges and solutions.

## PÚBLICO OBJETIVO

Students and Academics of Bahçeşehir University