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### CIFAL Cascais - Liderança de alta performance (High-performance leadership)

#### Personas

Plazo: 20 Oct 2024

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Tipo:	Course
Ubicación:	Nova SBE Campus, Portugal
Fecha:	21 Oct 2024 to 23 Oct 2024
Duración:	3 Days
Área del programa:	Decentralize Cooperation Programme
Sitio web:	<a href="https://unitar.org/sustainable-development-goals/people/our-portfolio/cifal-glo...">https://unitar.org/sustainable-development-goals/people/our-portfolio/cifal-glo...</a>
Precio:	0,00 US\$
Correo Electrónico del Centro de Coordinación del Evento:	cifals@unitar.org
Colaboración:	CIFAL Cascais

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### ANTECEDENTES

The success of any team, whether in business or sport, requires high-performance leadership that is capable of to respond efficiently and effectively to the demands placed on it.

In partnership with Portugal Football School, High Performance Leadership which, between the City of Football (Portuguese Football Federation) and the Nova SBE campus, aims to provide participants with the knowledge, skills and tools to enable them to lead and consequently improve the performance of their teams. This training gives you the opportunity to develop their knowledge of how they can manage their state of health, their lifestyles and all the tasks and stimuli that are placed upon them daily so that they can improve and achieve an optimal state of performance

## OBJETIVOS DEL APRENDIZAJE

- Wake-up call on personal, physical, emotional and cognitive that ensure the exercise of high performance leadership
- Awareness of the importance of physical and emotional well-being and its impact on the process of high-performance leadership process
- Building an action plan and high-performance mentoring in leadership
- Improving the leadership model through a holistic vision of performance inspired by the models adopted in high-level sporting competition, raising their level of self-knowledge and developing their ability to manage talent

## CONTENIDO Y ESTRUCTURA

- **Day 1. The high performance executive**
- **Day 2. High performance leadership**
- **Day 3. High performance in practical**

## METODOLOGÍA

The program includes:

1. The sharing of cases and support material in all modules

## PÚBLICO OBJETIVO

Managers and leaders with experience in confederations, national federations, leagues or clubs and all those who aspire to take on leadership and management roles in sports organisations

Leaders from any sector and level of development who want to improve their leadership model

Leaders who wish, through self-knowledge, to develop their ability to manage talent, expanding their potential

Leaders who want to develop their leadership skills and unleash their inner leader